# זמרת מענדל

# של

# ראש השנה

shop.rebchardle.org

This issue of Chumrahs Mendel is dedicated in memory of *Glenda Beilah Pishewitz* sponsored by her children.

## *Hakdumah* to *Chumrahs Mendel shel Rosh Hashana*

*Chumras Mendel shel Rosh Hashana* is an instructional guide in the ways of make your *Rosh Hashana* more *mehudar.* The *Chumrahs* are mostly well known, however, some of them have been created by the *Rabbonim* of *Loi Yutzlach Publishers.*

## The Anatomy of a *Chumrah*

To understand the anatomy of a *Chumrah* you must first need to understand what a *Chumrah* is.

The word *Chumrah* strikes fear into every Yid whenever Passover comes around. The *Chumrah* is not there to help you, rather the point of one is to make a person's *Yom Tov* more difficult. It is their layer on more work and labor then one already has to do. It is one of the only things that can make a grown man cry.

The actual anatomy of a *Chumrah* is to make year life more difficult. So Shtel tzu and make yourself useful by reading this. Don’t leave it behind in the bathroom.

Shop.rebchardle.org

# Chumrahs Mendel

1. Insisting on an extra-long nusach or reciting every piyut possible.

2. Only allowing one specific ba'al toke'a to blow shofar.

3. Demanding a minyan that davens at a very slow pace, regardless of others' needs.

4. Not allowing any children in shul at all during Mussaf.

5. Refusing to use a communal shofar because of kashering or "purity" concerns.

6. Demanding total silence during shofar blowing, even from babies.

7. Not standing near anyone who isn't dressed fully "Yom Tovdik" enough.

8. Objecting to tunes or niggunim that aren't your minhag.

9. Correcting the chazzan aloud if he uses a slightly different nusach.

10. Insisting that the entire minyan do tashlich at a specific body of water only.

11. Only eating apples of a certain variety for the simanim.

Shop.rebchardle.org

12. Only eating honey from a particular hechsher or from Eretz Yisrael.

13. Not eating fish because of "rosh ke-dag" chumros, unless it's a specific type.

14. Refusing to eat pomegranates unless every seed has been checked carefully.

15. Only eating lubavitch shechita.

16. Avoiding all nuts because of gematria "chet" — and expanding that to anything nut-related.

17. Refusing to eat cooked simanim (carrots, leeks, beets) if they weren't peeled/cut in a certain way.

18. Avoiding any pre-checked produce unless it was checked again personally.

19. Not eating any food that was prepared before chatzos on Erev Yom Tov.

20. Refusing food at someone else's house unless every pot/pan has your hechsher.

21. Not drinking wine for kiddush unless it's certified by CHK.

shop.rebchardle.org

22. Insisting on washing for bread even at a tiny kiddush with mezonos.

23. Demanding the simanim be eaten in a specific order and correcting others.

24. Refusing to sit at a table where people talk divrei chol between courses.

25. Not allowing any English at the meal, only lashon kodesh or Yiddish.

26. Insisting on singing every piyyut before eating.

27. Demanding that no one clears plates or does dishes until after bentching.

28. Not allowing children to taste honey or sweets until after hamotzi.

29. Refusing to eat dessert until bentching, because of "hefsek" concerns.

30. Demanding to bench with a full mezuman even if people are exhausted and want to leave.

31. Refusing to do tashlich unless it's specifically by flowing water with live fish.

shop.rebchardle.org

32. Not letting anyone throw bread because of bal tashchis.

33. Only allowing crumbs of a certain type of bread (e.g. whole wheat, hand-shmura).

34. Demanding everyone repeat long tefillos by the water.

35. Refusing to do tashlich if there are geese/ducks nearby (concerns of feeding animals).

36. Insisting on separating men/women far apart even outdoors in public parks.

37. Not participating unless the rav is present to lead.

38. Not greeting people with "Shana Tova" until after kiddush.

39. Refusing to nap on Rosh Hashanah day (chumra against "sleeping away your mazal").

40. Refusing to wear anything red, gold, or bright — only white clothing.

41. Not wearing leather shoes at all, even though it's not Tisha B'Av or Yom Kippur.

42. Insisting on not cutting hair or nails during the entire Aseres Yemei Teshuvah.

shop.rebchardle.org

43. Not letting kids play games on Rosh Hashanah, even quiet ones.

44. Refusing to allow anyone to use tissues with writing on them.

45. Demanding all meals start only after davening ends, no matter how late.

46. Avoiding carrying even in an eiruv because of chumra doubts.

47. Not allowing the use of timers or pre-set lights on Yom Tov.

48. Refusing to listen to a ba'al toke'a unless he fasted beforehand.

49. Insisting that shofar must be blown outdoors only, not in a shul building.

50. The shofar must have been dipped in the mikvah.

51. Head of the fish must be from a fish that was dipped in the mikvah.

52. Not eating any round challah that wasn't baked with a "key-in" segulah.

53. Refusing to eat chicken at night meals because "it should be only beef."

54. Not letting children participate in simanim in case they don't pronounce the yehi ratzon properly.

55. Demanding everyone say every yehi ratzon aloud together.

Shop.rebchardle.org

56. Refusing to eat any cooked vegetables at all (segulah for health).

57. Avoiding sweet kugels because it "confuses the simanim."

58. Not sitting at a table with left-handed people because of "symbolism."

59. Only drinking from a new bottle of wine at each meal.

60. Insisting on new fruit both nights, not just the second.

61. Not allowing women to eat simanim until after men finish.
62. Must take Nuun tabs.
63. Must be a P.I.T.A.
64. D.B.A.D.
65. All desserts must have fruit on them.
66. Must endure HLF.

Submit your own Chumras to us.

Enter them below.

_____

_____

_____

__

Fax it or mail to chumrasmendel@hotmail.com

Call +1 617.506.9578 for the Holiday HLF helpline.

32 Loring Street, Newton MA 02459.

To order more copies, go to RebChardle.org/CM

Shop.rebchardle.org